

 <p>www.lysafarmer.com</p>	<p><b>Runes to Riches Consultancy + Publishing e.K.</b></p> <p>Rupprechtstr. 10 82140 Olching, Germany Fon: +49-8142- 3781 or +43-5357-2681</p> <p>HRA 78597 Amtsgericht München</p> <p><a href="http://www.lysafarmer.com">www.lysafarmer.com</a> <a href="mailto:lysa@lysafarmer.com">lysa@lysafarmer.com</a></p>	
		<p><b>Dr. phil. Lysa Jean Farmer</b> Heilpraktikerin für Psychotherapie High Performance Coach™ Founder of AuraSound Vibrational Medicine</p>

### **AuraSound Vibrational Medicine + Crystal Sound Balancing® Journeys**

Are creations of the international Vibrational Medicine Expert, Dr. phil. Lysa Jean Farmer, Founder of AuraSound Vibrational Medicine, Creator of the Crystal Sound Balancing® Journeys.

Lysa, a native Californian, has been living and working in Germany, Austria & Switzerland since 1976. She holds a PhD in Humanistic Business Administration, an MBA, a Masters of Divinity, Bachelors Degree in German & Political Science.

She has held management positions in several High-Tech Companies before launching her own company in 1992. Since then she has been a successful serial entrepreneur. Her businesses consist of: Management Consultancy, High Performance Coaching™, various career Certification Processes: AuraPlus, AuraSound, KreativEntwickler, various self-development seminars and trainings, Life-Styling Products, a Publishing House and a Psychotherapy practice.

In 2008, in addition to her already successful certification processes of AuraPlus, GraceRays and The Power of 13, Lysa created her own international certification process for Sound Healing called "AuraSound Vibrational Medicine" (Details below). Lysa also does something that probably no one else in the Sound Healing scene does – she has adapted processes into sound healing context.

She has held her Seminars and certification processes in Germany, Austria, Switzerland, Italy, Slovenia, Paris, Sedona, Reno, Seattle, Hawaii, New Zealand, Bhutan, Iceland, Egypt, Canary Islands.

Her newest entrepreneurial endeavor is called "The Sound of Life Success". This endeavor consists of the following aspects. Crystal Sound Balancing® Journeys. A chosen selection of the processes are listed below and are focal points for a unique sound healing, self-development and life-styling concept.

## Crystal Sound Balancing® Journeys

On a Crystal Sound Balancing® Journey, we are creating together a „high end“ sound healing process. The instruments we will be using, mainly Sound Galaxies Crystal Singing Bowls, DS-Crystal Singing Rods, and other innovative instruments are the finest available. For example, the Sound Galaxies crystal singing bowls receive their dazzling colours as well as their unique Logo from Swarovski® in Austria and can all be purchased through Lysa.

Here is some info about the Journeys you can take.

**Crystal Sound Balancing® Journey:** The Heroes Journey (= reigniting your divine masculine)

**Crystal Sound Balancing® Journey:** Your Creative successful expression – disengaging from your Mother’s breathe – a different for of transgenerational umbilical cord cutting – (= reigniting your divine feminine)

**Crystal Sound Balancing® Journey:** The Soul’s 7 step Journey during this life cycle: Aramasolea, Avasaromea, Amaracolea, Asadasorea, Avasadovea, Acamanovea, Acasovadea

**Crystal Sound Balancing® Journey:** No wonder I play it small !!! – Integrating the Self-protection mechanisms of Self-Sabotage + Procrastination (Honoring your struggle)

**Crystal Sound Balancing® Journey:** My successful Business (Honoring and owning your empowerment) – Get a true feeling through SOUND for your Business, i.e.: Admin/Operations, Human Resources, Customer Service, IT, Production, R&D, Purchasing, Marketing/Promotions, Sales, Accounting & Finance, Logistics/Distribution, Legal. You will hear a difference!

**Crystal Sound Balancing® Journey:** Integrating co-creation Archetypes (Self, Feminine, Masculine, Hero, Antagonist, Death, Journey)

**Crystal Sound Balancing® Journey:** High Performance Excellence: Clarity, Energy, Influence, Productivity, Necessity, Courage, Sustaining Succ€\$\$

**Crystal Sound Balancing® Journey:** Teeth balancing - Occlusion, in a dental context, means simply the contact between teeth. On this journey we explore the physical, psychological and soul intent of your teeth.

You can choose one of these Journeys for one appointment. You are more than welcome to do another module or all of the others if desired on different days. I usually figure between 2 hours per Journey.

## Conflict Management, Mediation or Family Constellation

Another special field to AuraSound Vibrational Medicine is a possibility to do conflict management and mediation interventions, using only instruments – and especially using the **Sound Galaxies** crystal singing bowls. For this kind of session, you should plan between 60 – 90 Minutes (sometimes much quicker) this gives some relaxed cozy integration time. Issues e.g. – why do I have this disease? Why did this friendship or partnership break away? Where is the energy leak in my business? Any other conflict (=question) can then be answered through Sound Therapy (AuraSound Vibrational Medicine).

Why? Because when we experience shocks which lead to blocks– they usually bypass the brain hemisphere which is responsible for language. We feel – if I could just “name” it – then all will be good and resolved. But we often don’t have an expression or a verbal language context for what we “shockingly” experienced – but we have put it into memory with an accompanying “sound” pattern. AuraSound Vibrational Medicine helps to ensure the release of this stored up traumata - quickly, efficiently, gently, dynamically!

„Sound Experience“ is for connoisseurs who just want 1 - 2 hours of sound for releasing, integrating, wellness pleasure, an AuraSound Vibrational Medicine Session, the price is per hour. Please inquire.

[AuraSound Vibrational Medicine to become a practitioner or to do self-development differently:](#)

If you are interested in becoming an [AuraSound Vibrational Medicine Practitioner](#) – please contact me for conditions and dates in the USA.

The full training is made up of 5 modules of 4x 2 days (weekends usually) and 1x 5 days “graduation” seminar. For the USA Market it could be more feasible to do 2x 4 days and 1x 5 days to cut down on everyone’s travel expenses. But I am open for friendly solutions! AND I am open and would be thankful to be hosted!

Here is a VERY brief overview of the modules that make up this unique certification process (go to [www.lysafarmer.com](http://www.lysafarmer.com) for full details):

[Module – Crystal Instruments](#) – Bowls, Rods, various Forks, Harps, Lyre, Chimes, Bells – focus playing techniques, Processes: de-stress the teeth and jaw. Healing the navel, tailbone and scar-tissue, Shame releasing. Why is crystal such an important way of life in the new decade?

[Module – 5 Elements – The turn of era’s](#) – difference between the old earth matrix and the new crystalline Earth.

[Module – YOUR Voice – the oldest most organic sound healing tool](#) around

[Module – Conflict Management + Mediation + Family constellation](#) processes (all done only using instruments!!!)

[Module - Graduation week](#) – each participant presents a sound healing concept (could also be a niche product or process they create for their own business branding) to the group for critical evaluation. In addition, these modules are also focused on: working with Dementia/Alzheimer Patients, using Sound Therapy in Hospice, Spirit Releasement sound healing for cleansing houses, properties, offices, Aura’s etc. Sometimes we do an Aqua session – crystal bowls underwater wellness sessions, sometimes an Inner child process – depends upon the group.

Enjoying 12 successful years of AuraSound Vibrational Medicine. I am so excited to now branch out and embrace “online” Sound Healing, sharing new tools, methodologies and processes to enlighten your established Sound Healing practice, Music Therapy background or to teach you to boldly create your own successful Sound Healing practice.

[CONTACT ME PLEASE!!!](#) I can hardly wait to hear from you, so that we can play and work together!!!

☐ ☐ ☐ ☐ ☐ ☐--- **Lysa**